

The background features a repeating pattern of laboratory glassware and lightbulbs. In the foreground, there are two rows of flasks on a red shelf. Each row contains three large Erlenmeyer flasks with green liquid and two smaller test tubes with blue liquid. Above each flask, a vertical line of lightbulbs in blue, yellow, green, and red colors extends upwards. The overall theme is scientific and innovative.

# Flexibiliteitstress

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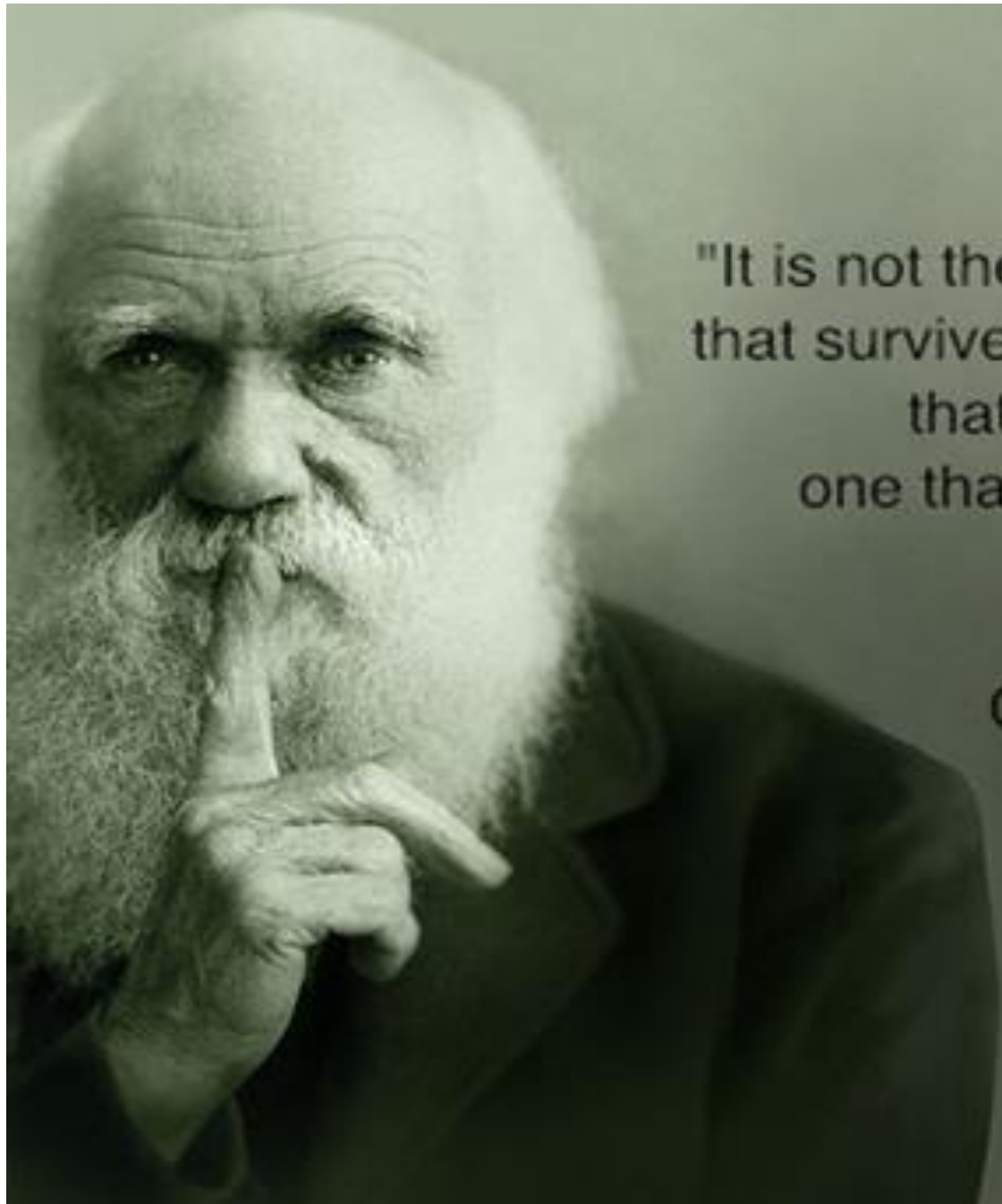
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Persoonlijk verhaal / filmpje  
(Sjoerd)

# Flexibiliteitstress

1. Het gevoel van onvermogen van een werknemer om op het werk om te gaan met veranderingen in plaats, tijd, taken en samenwerking
2. Stoornis van balans
3. ...



"It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is most adaptable to change".

Charles Darwin